

Bapuji Educational Association (Regd.)



SSIMS TIMES



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Niranthra 2016



SPS Nagara Health camp



CME Surgery



Children's day



Global Handwashing day



Marga

S.S. Institute of Medical Sciences & Research Centre

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DEPARTMENTAL ACTIVITIES

DEPARTMENT OF ANATOMY

Orientation day programme for the Fresher's batch 2016-17 Ist year M.B.B.S students conducted on 27th October, 2016 in the Hospital auditorium, SSIMS & RC, Davangere.

PROGRAMME SCHEDULE

The function was presided and inaugurated by Dr.B.S. Prasad, Principal Dr.N.K.Kalappanavar, Medical Director, Respective heads of the preclinical and Community Medicine department, Chief Wardens of Ladies and Boys hostel. Principal and Medical director welcomed the students and their parents, they enlightened the students of fresher's batch with their encouraging words of wisdom and experience. Respective heads of the departments highlighted the students about the staff and infrastructure of their departments. Chief Wardens briefed students about the rules and regulations of their respective hostels. Senior students shared their experience in medical field and college. Parents of few students gave their feedback about the college and orientation day. Campus tour was organized for Students with their parents. Programme was concluded with teacher- parents meeting held in the afternoon session.

DEPARTMENT OF ANAESTHESIOLOGY

BLS Workshop was conducted by Department of Anaesthesiology on December 19th in S S Institute Of Medical Sciences, Davangere.

DrAmirthaVarsheni M presented a paper on "Effect of etomidate and propofol on the onset of neuromuscular blockade-A prospective randomized comparative study" under the guidance of Dr Chirag Babu P S, Associate Professor, in KOPS clinical pharmacology award category at 64th annual conference of Indian Society Of Anaesthesiologists held in Ludhiana ,Punjab from 25-29th November 2016.

Dr.Ambalkar Chaitanya Dayaram presented an e-poster on "Post-operative analgesia using ultrasound guided adductor canal block for bilateral total knee replacement as an alternative to

epidural analgesia" under the guidance of Dr. Dheeraj R Patel ,Associate Professor at 64th Annual Conference of Indian Society Of Anaesthesiologists held at Ludhiana, Punjab from 25-29th November 2016.

DEPARTMENT OF PHYSIOLOGY

Dr. Soumya BA, Assistant Profesora, participated as a resource person for Emergency Care and Life Support (ECLS) Workshop at S Nijalingappa Medical College, Bagalkot, from 28th Nov to 2nd Dec 2016. She delivered a talk on "Emergency Paediatric Care" and was certified as a "TRAINER" for "JEEVA RAKSHA Comprehensive ECLS" for Medical Professionals".

DEPARTMENT OF COMMUNITY MEDICINE

WORLD RABIES DAY



On 28th Oct 2016 Health education programme for students of PU College in Lokikere, on occasion of "World Rabies Day" was conducted by DrMalateshUndi, Dr SmithaYadav J S, Mr Ashok and house surgeons.

VISIT TO DESTITUTE REHABILITATION CENTRE





On 26th November 2016 and 21st December 2016, Health check-up of 'Destitute Rehabilitation Centre' residents at Turchgatta was conducted by Dr Asha Bullappa Assistant professor, Dr Netra G, Dr Smitha Yadav J S, Dr Md Muntazeem, Post graduates and Interns. Mr Ashok Kumar, MSW, and other staff of PHC coordinated the program, Around 150 residents were examined, treated and referred if needed.

WORLD AIDS DAY



HIV awareness programme was conducted on 1st and 2nd of Dec 2016 at Millath PU college and Govt. PU college, Davangere, by Dr Kusum Mane, Dr Asha Bullappa, Assistant professors, Dr Madonna post graduate, Mr Harsha MSW and Interns.



On 3/12/2016 Awareness program along with role play by interns and also educating session for students was conducted at Sri Anjaneya Govt High School Turchgatta, by Dr Netra G, Post graduate, Mr Ashok Kumar MSW, and Interns.

RNTCP

Dr. Geethalakshmi R G Professor and Head, Department of Community Medicine, Nodal officer DOTS, attended Karnataka State Task Force Meeting which was held at JSS Medical College, Mysore on 30/11/2016. The Agenda of meeting were, 1. Formation of STF committee, and chairman, 2. OR committee, 3. Hosting of ZTF meeting at Karnataka.

Core committee meeting was conducted on 23/12/2016 at DME hall in SSIMS & RC. Meeting was attended by all core committee members and discussed about RNTCP in our college, Statistics of DOTS centre and minutes of STF meeting attended.

DEPARTMENT OF PATHOLOGY

Blood Donation camp was conducted at UBDT College, Davangere on 3rd October 2016. Dr. Shashikala. P. inaugurated blood donation camp and gave a talk about awareness and blood donation. Dr. Shwetha. J.H., Asst. Professor along with Postgraduates Dr. Laxmi Ronada and, Dr. Malashree, with interns and lab-technicians conducted the camp.

Voluntary blood donation camp was organized at Govinakovi (Honnalli) PHC, in association with SSIMS & RC blood bank on 4th October 2016.. Dr. Balaji. T.G, assistant professor, along with postgraduates Dr. Laxmi Ronada and Dr. Shwetha. S. Kollur & Interns and blood bank technicians conducted the camp.

CPC was held at Department of Pathology with Department of Surgery on 18th October 2016. A case on Breast lump was discussed on various aspects of clinical features, FNAC findings and histopathological features. Staff members and

post Graduates along with house surgeons of Department of Pathology and Department of Surgery participated in the discussion.

Voluntary blood donation camp was organized by HDFC bank Ltd MBA ("Bapuji-B-School") college on 24th October 2016. Dr. Kavita. G.U., Professor, along with postgraduates Dr. Nishanth, Dr. Malashree, Interns and blood bank technicians conducted the camp.

Work shop on Voluntary blood donation on "an appropriate/optimal use of blood and blood components". held at JJMMC Davangere on 26th October 2016 in collaboration with NSS Program, director of Health with family welfare, Government of Karnataka on the occasion of national Voluntary blood donation day celebration. Dr. DeeptiPruthvi attended the CME and was the KMC observer.

Voluntary blood donation camp was organized by HDFC bank Ltd, Davangere at Jain Institute of Technology on 5th November 2016. Dr. Shashikala. P. (Prof & Head of department of Pathology) & Dr. Kavita. G.U. Professor along with postgraduates Dr. LaxmiRonada, house surgeons and blood bank technicians conducted the camp.

Voluntary blood donation camp was organized jointly by HDFC bank limited, Lion's club and N.S.S wing of GMIT on the occasion of the obituary of Shri. G.M. Mallikarjunappa & Smt. Halamma on 11th November 2016. S.S. Blood bank participated in the program Dr. Kavitha. G.U. Professor, Pathology, Post graduate- Dr. Shwetha. Kollur. & Dr. Shruti pattanshetty along with Intern's & Technicians Mr. Nagabhushan, Mr. Chandrappa & Staff nurse Lakshmipathy and attender Mr. Basavaraj conducted the camp.

12.11.2016: 2nd National congress of the academy of pathology hosted by MVJ medical college & research hospital, Bengaluru at VenuVedantha Auditorium. Dr. Shashikala. P. Professor and Head, was the chairperson for Dr. Krishna M. Bhargava Memorial oration- Thyroid gland VIBGYOR at FNAC by Dr. ShameenShariff. Prof. and Head, MVJ medical college.

Voluntary blood donation camp was organized at community health center in Telagitaluk, Davangere on 23rd November 2016. S.S. blood bank participated along with Dr. Shwetha. S. Kollur & Dr. Shrutipattanashetty.

Dr. Shashikala P, Professor and Head, was KMC observer for CME on 'Hemato-oncology beyond morphology'- Leukemia/ Lymphoma / Myeloma. organized by Department of Pathology, JJM medical college, Davangere on 20th November 2016. She was chairperson for Myeloma Recent advances by Dr. Seetharam A and Dr. GirishBalikai.

Dr. Shashikala. P. Professor and Head, attended APCON 16- National Conference of Indian Association of Pathologists and Microbiologists held in Jaipur from 2nd November 2016 to 5th November 2016. She was the Chairperson for Dr. Gaya Prasad memorial pathology symposium. Topic Diffuse Endocrine System and Paragangliomas- pathology, predictive Biochemistry and Genetics and was also Coauthor for poster entitled "Exploratory single blind study on Polarising and light microscopic appearance of crystals of commonly prescribed drugs.

Voluntary blood donation camp was organized by A.K. Pharma, with HDFC bank Davangere on 8th December 2016. Dr. Kavita. G.U. Professor and Dr. Nishanth postgraduate along with Interns and blood bank technicians conducted the camp.

Voluntary blood donation camp was organized by HDFC bank in association with JCI Kottur at MSW college, Kottur on 9th December 2016. Dr. LaxmiRonada and Intern's Dr. Sharath. S. Dr. Shambhavi postgraduates coordinated the camp along with blood bank Technicians Mr. Kotresh. S. Mr. Ismail and Staff nurse Ms, Shaila.

CPC was held at Department of Pathology with Department of Surgery and Neurosurgery on 22nd December 2016. Case discussed was Glomus Tumor wrist, presented by Dr. Kavita G.U., moderated by Dr. Shashikala. P., Dr. MVV Satayanarayan, Dr. Shantha Kumar and Dr. Veerendraswamy. Staff members and Post Graduates along with house surgeons of Department of Pathology, Department of Surgery and Neurosurgery participated in the discussion. Dr. Shashikala. P., Dr. Kavitha. G.U., Dr. DeeptiPruthvi, Dr. Balaji. T.G. visited Sahyadri Narayana hospital at Shivamogga on 26th December 2016 for the demonstration of Chemiluminescence machine for blood bank.

Dr. Sonam. S. Nandyal, Associate

Professor, was the KMC observer for workshop on pathology update and Hands on Immunohistochemistry was held at JJM medical college on 30th December 2016.

Dr. Shashikala. P. (Prof & Head of department of Pathology) is elected as Vice-President of KCIAPM- Karnataka Chapter of the Indian Association of Pathologist and Microbiologist

Dr. Kavita. G.U. (Professor. department of Pathology) is appointed as editorial member of KCIAPM News Bulletin.



camp at durgamba temple 13-10-2016



camp at GMIT 11th nov



camp at UBDT, Dvg on 3rd oct 2016



HEMATO-ONCOLOGY CME AT JJM 20-11-2016



CAMP at GOVINKOVI on 4-10-2016



MBA College camp 24th oct 216



CAMP at Jain Institute of Techology 5-11-2016

DEPARTMENT OF PHARMACOLOGY

Dr. Raghu prasada M S, Assistant Professor participated as faculty for ECLS Workshop conducted by RGUHS, Bangalore jointly with University of UTAH, Salt Lake City, USA from November 28th 2016 to 2nd December 2016 at S Nijalinappa Medical College, Bagalkot.

Dr. Raghu prasada M S, Assistant Professor and Dr. Deepa Patil participated as faculty for workshop on pharmacovigilance and adverse drug event report form awareness for practitioners in and around Davangere on 17th December 2016.



DEPARTMENT OF PAEDIATRICS

Dr. N.K. Kalappanavar,
Medical Director, Prof & Head.

Participated as faculty during 'South Pedicon' at Shivmoga, South zone & State Conference of Paediatrics, 14th, 15th & 16th October 2016 and delivered talk on "Newer modalities of PFTs" & Participated as experts in case discussion for PG'S.

Participated as faculty during RESPICON 2016 from 18th to 21st November 2017 held at New Delhi. Workshop 1. Tuberculosis in childhood
2. [Approach to Respiratory distress] Common respiratory problems.

Speaker Role of immune potentiator in Respiriology on 20th November 2016

Judge for Scientific Papers on 21st November 2016

Participated as faculty during CME on Paediatric pulmonology at Bangalore on 24th December 2016 and delivered talk on 'Hospital Acquired Pneumonia'. Delivered talk on "Atypical Pneumonia" on 28th December 2016 at Ranebennur during Haveri District IAP Branch CME.

Dr. B.S. Prasad,
Prof of Paediatrics, Principal,

Participated "South Pedicon Conference" held at Shimoga on 15th and 16th 2016, as Faculty for lecture on "Shock in Newborn".

Participated NNF Advanced NRP-FGM "Workshop as Lead Instructor, at Apollo Hospital, Bangalore, on 14-12-2016, for PaedEm's Etc.

Dr. Latha. G.S., Professor

Faculty for IYCF Workshop during "South Pedicon" at Shivamogga on 13th December 2016. IYCF has been awarded as "Best sub-Specialty Chapter Branch award during the conference.

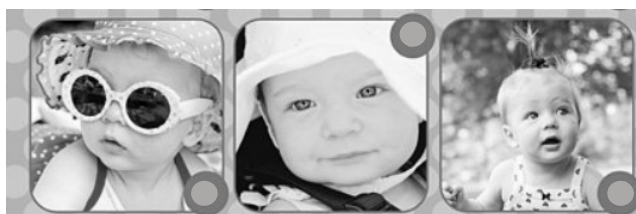
Participated as a faculty to conduct IYCF Workshop at CG Hospital to all District nurses & health workers third week of every month from October to December 2016.

Faculty for ECLS Workshop conducted by RGUHS, Bangalore jointly with University of UTAH, Salt Lake City, USA from 1st December 2016 to 2nd December 2016 at S Nijalinappa Medical College, Bagalkot.

Dr Shrikanth S, postgraduate presented a research paper in Bangalore on 13th November 2016, and was awarded Jayaram Memorial Award for the Best Post Graduate Research Paper.

CHILDREN'S DAY PROGRAMME

Children's day programme was conducted on 14th November 2016, in department of pediatrics. The programme was chaired by Dr B S Prasad, Principal SSIMS-RC, Dr N K Kalappanavar HOD (Pediatrics) & Medical Director SSIMS-RC, Dr Latha, Professor, Students union chairman SSIMS-RC-2016, Dr Manjunath, Paediatric Surgeon, Dr Shanthala, Professor, department of Ophthalmology and Dr Veeresh Babu Pediatrician. Children admitted in our NICU had come for the function and the parents shared their memories and experience. Children were given gifts and cake was cut on the occasion of children's day.



DEPARTMENT OF GENERAL SURGERY

Dr Veerendraswamy S M Professor and Head Department of General Surgery, attended the National Surgery Conference , ASICON 2016 at Mysore from 14 to 18th December, and Chaired a Sessions on.

Pancreatic Disorders, I.e Chronic Pancreatitis-Role of Surgeon,

Pancreatic Neuroectodermal Endocrine Tumours (PNET) and

Masquerading Gall Bladder cancer from deception to diagnosis.on

Dr. SachinBiradar, Postgraduate, attended National Surgery Conference, ASICON 2016 at Mysuru from Dec 14 to 18 and presented a poster Titled “ Video Assisted Thoracoscopic Surgery Decortication, Our Institutional Experience” Under the guidance of Dr. Manjunath L, Dr M Basavarajappa, Dr. Veerendraswamy S M. on 17th December.

Dr L K Ganesh, Postgraduate, attended National Surgery Conference, ASICON 2016 at Mysuru from Dec 14th December to 18th December 2016 and presented a poster titled “ Pre and Post Operative Evaluation in Abdominal Emergency Surgeries” under the guidance of DrVeerendraswamy S M, Professor and Head Dept. of General Surgery, On 16th December.

Dr. Dilip D K ,Postgraduate, attended National Surgery Conference, ASICON 2016 at Mysuru from Dec 14 to 18 and presented a poster titled “ Shock Index In Predicting Mortality In Trauma Patient ” under the Guidance of DrVeerendraswamy S M, Professor and Head Dept. of General Surgery,.

CME ON ACUTE CARE SURGERY DECISION MAKING AND OUT COME,

Held on 12.11.2016 in the SSIMS&RC Auditorium, organized by **Dept. of General Surgery SSIMS & RC in Association with Dept. of General Surgery JJMMC, Davangere and KSC-ASI City Chapter of Davangere.**

The need of ACS (Acute Care Surgery) was born, out off discrepancy between the care delivered to trauma and non trauma emergencies patients. Unlike trauma care provide to patients

with surgical disease of non traumatic cause often fragmented and inadequate. Surgical units with dedicated team work need to get trained in protocol based decision making and treatment, for better outcome. This CME was an opportunity to know about present management concepts of Acute Non Traumatic Surgically ill patients

As Scheduled the program started with registration started at 8am, and some Spot Registration were allowed, that was followed by Breakfast. CME lecture were started in time with the emerging topic of interest for all General Surgeons, the session was made too much interactive with active involvement of Post Graduates from SSIMS and JJMMC.



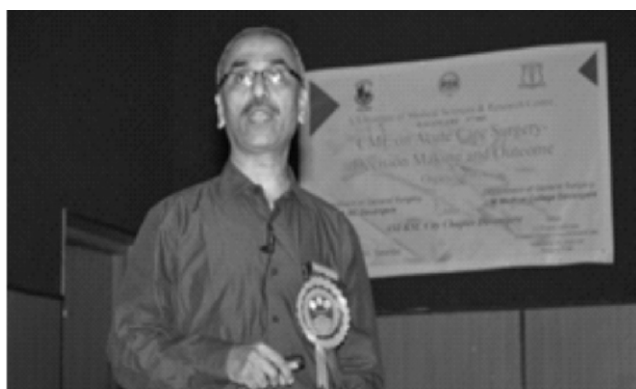
INAUGURATION of program presided by Dr B S Prasad Principal SSIMS & RC, Davangere, and President of ASI-KSC Davangere City Chapter, Dr Deepak Udupudi welcomed the gathering and Dr R L Chandrashekhar briefed about the necessity of learning in Post Graduate Medical Education and research.



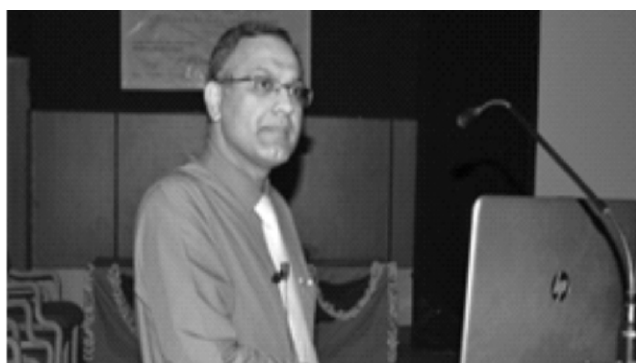
First talk from **Dr. Veerendraswamy S M** (Chairman Organizing Committee, Professor and Head, Dept. of General Surgery. SSIMS & RC, Davangere) on **MANAGEMENT OF OPEN ABDOMEN AND DAMAGE CONTROL SURGERY PRESENT PRACTICE,**



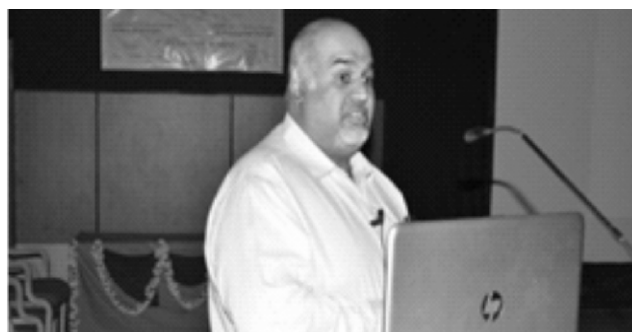
Dr Vidyadhar Kinhal (Prof & Head, Dept Of General Surgery, VIMS, Ballary), on ACUTE OBSTRUCTION added a note on USG abdomen in diagnosing Acute Abdomen , in detail covered about the obstructive lesions of bowel and billiary tree.



The next talk post Inauguration was by **Dr Gurushanthappa Yalagachin**, MS, DNB, FMAS, FIAGES (Professor and Head, Dept. Of General Surgery , KIMS, Hubli)on “ACUTE INFLAMMATORY SURGICAL CONDITIONS” including the Acute Appendicitis , Acute Cholecystitis etc. with a academic feast touch and discussion was extensive.



Dr. B Srinivas Pai, MS (Professor, Dept. Of General Surgery, SDM Medical College, Dharwad). Talk on “UPPER GI BLEED- SURGICAL ASPECTS AND OUTCOME”



Dr. B Srinivas Pai, MS (Professor, Dept. Of General Surgery, SDM Medical College, Dharwad). Talk on “UPPER GI BLEED- SURGICAL ASPECTS AND OUTCOME”



The Post lunch session was made interesting with a added advantage from our Radiologist **Dr Kishan Bhagwath**, MD (Associate Prof, Dept. Of Radiology, SSIMS & RC, Davangere), he spoke on “RADIOLOGICAL IMAGING IN NON TRAUMATIC ACUTE ABDOMEN



The last but not the least session was on “HERNIA EMERGENCIES” by **Dr Somashekar S N** (Prof, Dept. of General Surgery, JJM Medical College Davangere)



DEPARTMENT OF GENERAL MEDICINE AND NEUROLOGY

FIRST THROMBOLYSIS IN THE DISTRICT OF DAVANGERE.

A 53 years old female resident of Challakere developed sudden onset of weakness left half of the body with zero power on 19th November 2016. She was brought to SSIMS & RC hospital in Davangere within four hours of onset of weakness, investigations of CT scan revealed blood vessel block which alarmed thrombolysis. Medical unit along with neurologist successfully infused alteplase to dissolve the clot in blood vessel. Patient regained total power to grade 5/5 that is recovered from hemiplegia and was discharged.

The medical director of SSIMS & RC Davangere, Dr. N.K.Kalappanavar said that it is a milestone achievement. This was possible as a team that included Dr. Vinay Kumar, Dr. S.G. Jayaraj, Dr. Nagaraj V.T, Dr. Salma Suhana, Dr. T.N.Raghunandan, Dr. Muralidhar Aithal and interns, as they performed the first thrombolysis in the district of Davangere. He further added that prompt recognition of the symptoms of stroke and presentation within the golden hour to the hospital (4 hrs) is very important to take up challenging procedures like thrombolysis that can do wonders to the morbidity of the patient as in this case.

The patient and her attenders expressed their immense gratitude to the hospital and doctors towards the prompt treatment and care that led to recovery.



DEPARTMENT OF ORTHOPAEDICS

Dr.Manjunath.J. Professor & Head, attended CME on October 8th & 9th KOA - ICL 2016, at Vijayanagara Institute of Medical Sciences, Bellary and delivered a lecture on

“Fractures Trochanter-PFN-A”.

Dr.Venkataramanarao.M Professor & Unit chief attended CME on October 8th & 9th KOA - ICL 2016, at Vijayanagara Institute of Medical Sciences, Bellary and Chaired session on Trauma.

Bone Mineral Density Camps tests were conducted on 21st October 2016, 25th November 2016, 15th November 2016 at department of Orthopaedics, SSIMS & RC Davanagere.

Dr.Sachin.S.Nimbragi. Assistant Professor attended and delivered lecture on “Total knee replacement in varus knee” at FOCUS KNEE CME held on 19th & 20th November 2016 at Raichur Institute of Medical Sciences, Raichur.

The Orthopaedic Mega Camp at Jagalur was conducted on 26/11/2016, by SSIMS-SPARSH.

Under the guidance of Dr.Manjunath.J. Professor & HOD, Dr.Venkataramanarao., M. Professor & Unit Chief, Dr.Sreenivas Murthy.MN, postgraduate, attended orthopaedic National conference Cochin (IOACON) from 12th to 17th DECEMBER 2016 at KOCHI, KERELA. and presented a poster on A Retrospective Study Of Pediatric Femoral Shaft Fractures Treated Using Titanium Elastic Nailing System.

Dr.Sreenivas Murthy presented another poster under guidance of Dr.Srinath S.R. Dr.Kiran and Dr.Karibasappa .A G. on “A prospective clinical study of supracondylar fractures managed by locking compression plate” on 16th December IOACON Cochin.

Under the guidance of Dr.Venkataramanarao., M. Professor & Unit Chief, Dr.Manjunath.J. Prof & HOD, Dr.Karibasappa .A G. Professor and unit chief, Dr.Kalwa Dinesh P.G. student attended National conference Cochin (IOACON) from 12th to 17th DECEMBER 2016 at KOCHI, KERELA. and presented a poster on “PFN-A in unstable inter-trochanteric fractures, in elderly.”

Under the Guidance of Dr. Manjunath.J. Prof & HOD, Dr.Venkataramanarao., M. Professor & Unit Chief, Dr.Karibasappa .A G. Professor and unit chief, Dr. Praveen .M. Anvekar Associate professor, Dr.Akshay M.K. P.G. Student attended IOACON from 12th to 17th December 2016 at Cochin, Kerala. and presented a poster on “a prospective study on unstable comminuted intraarticular # lower end of radius using uniplanar

external fixator with percutaneous pinning”.

Under the Guidance of Dr.Manjunath.J. Prof & HOD , DrKaribasappa .A G. Professor and unit chief, Dr.Venkataramanarao.,M.Professor& Unit Chief, Dr Praveen M Anvekar Associate Professor, Dr Srinath SR Associate Professor, Dr Pradyumna R Gowdapostgraduate student attended IOACON from 12th to 17TH DECEMBER 2016 at Cochin, Kerala and presented a paper on “prospective study on clinical outcome following surgically managed displaced proximal humerus fractures using proximal humerus internal locking system”

DEPARTMENT OF EMERGENCY MEDICINE

INDUSEM 2016 CONFERENCE OCTOBER 21ST -23RD :

Dr. Narendra.S.S, professor and Head, DrBakkesh Assistant Professor , Final year and 2nd year post graduate students had attended the INDUSEM 2016(The 12th INDO - US World Congress of Academic Emergency Medicine) and presented a rare case of chest pain due to Aortic dissection in the clinicopathological case discussion (CPC) competition.

The conference also included many workshops and hands on training sessions in ECG, suturing skills , splinting skills and mechanical ventilation which were attended by the post graduate students

The former Principal of our college Dr. P. Nagaraj was honored at the conference with an award for his academic contributions to the college.

Dr. Bakkesh B Prasad, Assistant Professor, Department of Emergency Medicine presented a Clinicopathological case (CPC) At INDUSEM-2016 international conference In Emergency Medicine.

Dr. UdayKumar 3rd year post graduate in Emergency Medicine, participated as a case discussant for the CPC and rightly diagnosed the case challenge(acute aortic dissection with Right MCA infarct) given by St.Johns Medical college at INDUSEM-2016 on October 22nd 2016.

Dr. Ganesha B S, 3rd year Emergency Medicine post graduate participated as a lead instructor For BLS/ACLS workshop at BhagawanMahavir Jain hospital on 16th&18th

December 2016

MRF 42ND K1000 RALLY 2016 - December 18th 2016:

Dr. Narendra .S.S Professor and Head, , DrBakkesh B P - Assistant Professor , Dr Vijay Kumar and Dr. Ashray V (2nd year Post graduate's) and Dr. Santhosh S.U.(1st year post graduate) were invited by the Karnataka Motor Sports Club and the Federation of Motorsports Clubs Of India to attend the MRF 42ND K1000 RALLY 2016 MOTORSPORTS RALLY Held at HOSADURGA as on site Emergency Medicine Physicians to manage any injuries that would occur during the rally. It was a very thrilling and wonder full experience for the Dept. of Emergency Medicine to be a part of the motorsports rally and to be a part of such an important event. Our doctors were fully equipped with all the medications and equipments required to handle motorsports injuries, however no injuries were reported during the rally.



DEPARTMENT OF PSYCHIATRY

Regular Monthly Psychiatry Camps at Harihara and Harapanahalli Civil Hospitals. DDRC camp from 27th to 29th December in Davangere.

Dr. Rajeev Swamy, On 10th November conducted various **Stress Management Workshops** for school and PUC students in Jagalur.

Conducted **Stress Management Workshops** for school students in Davangere City.

On 15th November 2016, conducted NMHP **training for Medical officers** at Chigateri Hospital, Davangere.

On 12th November 2016 attended Surgery CME,

SSIMS.

On 27th November 2016 Psychiatry UG teaching workshop at St. John's Medical College, Bengaluru.

On 30th December 2016 gave a lecture on Neurosis as a part of training for Medical Officers as a part of National Mental Health Program at Chigateri Hospital, Davangere.

ACADEMIC BODY

A Guest lecture was held on 24th November 2016 by Dr. UmeshPabhu, MBBS, DCH, MRCP FRCPC an international recruitment Director U.K He spoken on patients safety and medical professionalism. There was a nice interactive session on opportunities abroad for Indian doctors. Dr. B.S. Prasad, Principal, introduced the chief guest and welcomed the gathering. Dr. S B Gejji proposed vote of thanks

CLINICAL RESEARCH ACTIVITIES

Gladys Barrera, Clinical Research Officer and **Jordi Navarro Puerto**, Global Clinical Research Leader, **Grifols Bioscience Industrial Group**,

Spain visited SSIMS & RC on 30th Nov 2016 to discuss the ongoing clinical trial project with the Clinical Research Team and also for future clinical research projects. During their visit, they toured the hospital to see the research facilities like Clinical Research Cell, Infusion and Sampling Area, Central Laboratory, Documents Archival Area, and Investigational Products Storage Areas. Delegates were happy with the facilities and assured to continue their support.

MARGA

23rd November 2016 Special Lecture on Personality Development? By ShriSwami Nityasthanandaji Maharaj, Ramakrishna ashram, Mysore was organized by Marga for Second year MBBS students (148 batch) Nursing students, teaching and non-teaching staff, Dr. Arun Kumar A, Vice Principal and Sri Siddeshwara Gubbi, Bapuji Child Health, Davangere werepresent in the program, Dr. Shashikala P Krishnamurthy, Vice Principal and Harish Kumar V.S., Assistant Professor of Pharmacology Co-ordinated the program.

SSIMS&RC Sports Achievements in RGUHS - 2016



Events	Competition	Placement
Chess	RGUHS Belgaum Zone RGUHS Inter Zonal	Winners Runners
Badminton	RGUHS Belgaum Zone RGUHS Inter Zonal	Runners Runners
Football	RGUHS Belgaum Zone	Winners
Table tennis	RGUHS Belgaum Zone	Winners
Tennikoit	RGUHS Belgaum Zone	Runners
Cross Country	RGUHS Single Zone	Silver Medal
Best Physic & Weight lifting	RGUHS Single Zone	1-Gold Medal 1-Silver Medal 3-Bronze Medals

INFORMATIVE ARTICLES

Naegeli Franceschetti Jadassohn Syndrome a Rare Case Report

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 Dr.ManjunathHulmani, Associate professor

INTRODUCTION

Naegeli-Franceschetti-Jadassohn (NFJ) syndrome is a rare autosomal dominant form of ectodermal dysplasia caused by mutations in KRT14 gene, that affects the skin, sweat glands, nails, and teeth. The incidence is estimated to be 1 case in 2-4 million population.¹ NFJS and its closely related allelic disorder, dermatopathiapigmentosareticularis(DPR), are characterized by the absence of dermatoglyphics, reticulate pattern of skin hyperpigmentation, palmoplantarkeratoderma, abnormal sweating and other subtle developmental anomalies of the teeth, hair, and skin.²

CASE REPORT

A 16 year old female patient presented to skin OPD with complaints of asymptomatic skin discolouration all over the body since 2 months. She complained of heat intolerance especially during summers and nail dystrophy since birth. No similar history in family members.

On dermatological examination, the patient had reticulate hyperpigmentation involving the whole body, mainly noted over face, neck, chest, upper limbs and lower limbs. Teeth showed yellowish discoloration, abnormal dentition. Nails showed severe dystrophy involving toe nails. There was absence of dermatoglyphics. The skin was xerotic. General and systemic examination was normal. Skin biopsy showed findings of basket weave hyperkeratosis with diffuse pigmentation of basal layer, focal papillomatosis and pigment incontinence, which are suggestive of Naegeli-Franceschetti-Jadassohn syndrome.

The patient was advised to avoid strenuous activity, to maintain adequate hydration, strict photo protection and teeth care. She was given oral antioxidant once daily and topical emollients.

DISCUSSION:

Naegeli-Franceschetti-Jadassohn syndrome (NFJS) and dermatopathiapigmentosareticularis (DPR) are two closely related autosomal dominant ectodermal dysplasia syndromes, resulting from mutations in the KRT14 gene located on chromosome 17q11.2q21.¹ Brown or grey-brown reticulated hyperpigmentation develops by the age

of 2 years, without a preceding inflammatory stage. The pigmentary changes are most often observed on the abdomen, periocular and perioral regions, with variable involvement of the neck, trunk, proximal extremities, axillae, and groin. Hyperpigmentation often fades after puberty and may eventually disappear. Nails may show onychodystrophy, onycholysis, subungual hyperkeratosis, and congenital malalignment of the great toe nails. Other features are hypohidrosis; heat intolerance; noncicatrical alopecia on the scalp, eyebrows, and underarms; enamel defects; palmoplantarkeratoderma; and other dental anomalies.²

NFJ syndrome is a reticulate pigmentary disorder. Other reticulate pigmentary diseases and differentials in this case include DPR, DowlingDegos disease, reticulate acropigmentation of Kitamura, and dyskeratosis congenita.¹ DPR is similar to NFJS but is distinguished by reticulate pigmentation lasting till adulthood, alopecia, and the lack of dental abnormalities. Both NFJS and DPR are allelic disorders.³

No treatment is effective for NFJS. As with other ectodermal dysplasias, exposure to heat should be limited and sufficient hydration¹ is recommended. Tooth care to prevent early caries is indicated. Doxycycline has been found to interfere with tumor necrosis factor- α mediated signalling and apoptosis in vitro and may have a role in future treatment.³ Strenuous activity should be avoided.



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Post-Operative Analgesia using Ultrasound Guided Continuous Adductor Canal Block for Bilateral Total Knee Replacement as an Alternative to Epidural Analgesia

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D. PG. Dr. Arunkumar Ajappa, Prof & Head of Dept.

INTRODUCTION

Post operative pain following total knee replacement limits rehabilitation and hospital discharge. ACB (Adductor canal block) preserves quadriceps muscle strength better than Femoral Nerve Block, without significant difference in postoperative pain.¹ A continuous adductor canal block for TKR reduces opioid consumption after surgery.² Therefore, ACB is often preferred over FNB for knee surgeries particularly in ambulatory population.

CASE REPORT

A 75 years old male patient, known case of hypothyroidism and hypertension, ASA II, on regular treatment, was posted for bilateral total knee replacement. Case was planned for combined spinal epidural anaesthesia. On the day of surgery, baseline vitals noted. Epidural space was identified by using 23G Tuohy needle at L3- L4 space by loss of resistance technique. After introducing 18G catheter, bloody tap was obtained on aspiration, therefore catheter was removed. Spinal anaesthesia was given by using 3.5cc 0.5% bupivacaine heavy + 25mcg of inj. Fentanyl using 23G Quincke Babcock spinal needle in L3- L4 intervertebral space. Patient was haemodynamically stable intra-operatively. At the end of the procedure, Patient was planned for bilateral adductor canal block with indwelling perineural catheter for post-operative analgesia under USG guidance. Adductor canal was identified on each side and 18G indwelling catheter was placed using 23G Tuohy needle. 9ml of 0.125% bupivacaine + 2mg of inj.

Dexamethasone were deposited on each side. Subsequent top-up using same dose were given every 8th hourly. Pain was assessed every 4th hourly using Visual Analog Scale for 48 hours. Inj. Tramadol 100mg iv was planned as breakthrough analgesia if VAS >5. Catheter was removed after 48 hours.

DISCUSSION

USG guided adductor canal block: In supine position with thigh abducted and externally rotated, 8-14 MHz linear transducer was placed transversely in mid-thigh region. Femoral artery was located 3-4 cm deep from skin. Sartorius muscle was identified anterior to artery and vastus medialis laterally. 23G Tuohy needle was introduced and 18G perineural catheter placed in adductor canal. Local anaesthetic was injected through the catheter and its spread was noted lateral to femoral artery and deep to Sartorius muscle.

RESULT

Post-operative pain relief and patient comfort achieved with Adductor Canal Block and subsequent top-ups was satisfactory with VAS of 2-3 for 48 hours. Patient was haemodynamically stable without limitations for physiotherapy, mobilization and need of breakthrough analgesia.

CONCLUSION

Not many studies are available on Bilateral ACB. This USG guided continuous bilateral Adductor canal block was done for the first time in our institute and proved as an effective post-operative analgesia for a case of bilateral TKR.

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- strength, mobilization, and pain after total knee arthroplasty: a randomized, blinded study. *RegAnaesth Pain Med*. 2015;40(1):3-10.
4. Jaeger P et al. Optimal volume of local anaesthetic for adductor canal block: using the continual reassessment method to estimate ED95. *Br J Anaesth*. 2015;115(6):920-6.
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POST TRANSFUSION INCIDENCE OF HIV CASES IN INDIA

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Nowhere in the world is transferred blood considered 100% safe. this despite the fact that each unit of blood is mandatorily tested for infection among other things, before transfusion.

This happens because several infections such as hepatitis a,b,c and HIV (human immunodeficiency virus), have a window period during which the virus doesnot show up in the blood test.

Even the best available technology in the market right now- the nucleic acid amplification test, only reduces the window period to several days. it does not entirely eliminate the risk .Despite this limitation many countries have not reported the case of HIV transfusion through blood transfusion for years now.

In Canada has had no transfusion transmitted HIV cases since 1985. In US the last known case of HIV transmission was in 2008 and the risk of disease spreading through the transfusion is one in two million donation. In UK the last known case of viral infection, including HIV transmitted through blood transfusion was in 2005².

India on the other hand, at least 2234 people are repoprted to have been infected with HIV while getting blood transfusion in the last 17 months. the national aids control organisation revealed this in response to a right to information ple filed by activist Chethan Kotari¹.

Out of 6.51 lakhs units of blood collected in Karnataka from April 2012 to March 2013, 1096

were found to be HIV positive and therefore discarded. shockingly of this only 236 (21.5%)HIV positive people were refered to integrated testing and counseling and treatment. as per Karnataka aids prevent prevent society (KSAPS) after a sample tests positive for HIV, it is mandatory that the person be counselled and persuaded to undergo treatment. all the 45 government blood banks in the state have counsellors but not all private blood banks³.

According to NACO fact sheet for 2012, the percentage of adult hiv prevalence in the state in the march 2012 remained at 0.63% with the 2.45 lakhs infected persons. of these 2.09 lakh are registered at the 49 art (anti retroviral therapy) centers¹.

“Karnataka still has around 36,000 positive people in grey zone who are unaware of infection. it is very important to reach them to effectively control the spread of HIV³

One of best way to reduce the infection is to rationalise blood transfusions, to ensure that it only done when necessary.

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2. HIV transmission; why is blood transfusion in India not yet safe? Scroll in By MenakaRao June 3 2016.
3. Shocking number of HIV cases detected at blood banks go without follow up- article from THE HINDU June 7 2016.

The Power of Brain

Dr. Rahul, Intern, S.S. Institute of Medical Sciences and Research Centre, Davangere

(Diploma in mind management), expertise in memory and neurobiology, Memory trainer and founder of creative memory (scientific study program)

The hominid brain which is tripled in its size, mysterious in its features, amazing and marvelous in its function since the evolution of life. Our brain comprises of reptilian brain which maintains homeostasis, mammalian brain which deals with emotions, sex, and fight and newly developed neocortex which has capacity of neurogenesis, neuroplasticity. This empowers us to do higher functions like thinking, imagining, concentrating, reasoning, learning and memory. Those who exercise higher functions of brain rather than basic function of brain, they go higher and higher in their life.

Human beings are continually learning throughout their life time and learning results in change in behavior and culture. Learning is the acquisition of new information and memory is the retention of this information, you can't learn anything without memory and you can't memorize anything without learning it. Memory utilizes learning and learning utilizes memory. The combination of learning and memory is the basis of all our knowledge and this is what enable us to consider the past, exist in present and plan for future.

Whatever we experience retained in our system. There is no such thing as ultimate forgetting, traces that are impressed upon the memory cannot be erased. For example; take a glass of water and put it into a chalk piece, it gets dissolved in course of time, though it is not visible its impact is there, that is the same case with all our experience. As you experience, read or do more brain activity you stimulate the growth of new dendrites. These dendrites bring new information to the cell body and axon takes information away from the cell body to the other neurons. It's all through electrochemical process. This complex web of connection known as synapse which helps in memory formation.

There are three stages of memory formation. sensory memory (SM), short term memory (STM), long term memory (LTM) and difficulties in these stages results in difficulty in learning and memory. The most important steps in memory formation is registration of memory.

It is believed that the incoming information is first registered in sensory memory by attention i.e. interest. Interest and motivation are essential

prerequisite for good memory, interest is the mother of memory. the true art of memory is the art of attention. Lack of interest results in absent minded and loss of memory.

As you develop interest in subject, concentration is born out of interest and concentrate helps you to observe and understand, memory and observation go hand in hand, (what the brain doesn't know, the eyes cannot see).so force yourself to be interested enough to observe anything you want to retain.as you understand you will become well informed, your capacity to understand will improve and you start grasping everything and anything easily.

Once you understand the information will then be passed to STM or working memory or temporary memory (30 sec to min), it has limited capacity about 7+/-2 chunks. Overloading this temporary memory will cause interference with the data saved and these will impair the learning process and results in confusion.so its very important to import the STM to LTM i.e. consolidation.

There is no limitation to the amount of information gathered and stored in our LTM and it can be stored for decades. Recent studies showed that we can store up to peta bytes (1000000000000000) of information!! Is the same as 20 million four drawer filling cabinets filled with texts! 13.5 years of HD recording or 670 million of web pages its more than Wikipedia or internet and the capacity of memory depends on exercising it.

Consolidation; The process of formation of permanent memory (LTM). which take place in hippocampus. STM is transferred to LTM by associating with known information through imagination, repetitions, rehearsals and revision. If interest is mother of memory, then repetition is father of memory. Lack of repetition results in tip of tongue phenomena.

During consolidation, the repeated transmission of impulse along the neural circuit result in permanent changes in the concerned neurons and the new protein synthesis, (during sleep) this makes the information important enough to remember and it is stored in various part of the neocortex, various components of LTM reside in concerned cortical region of neocortex. for ex., Visual and auditory parts of memories are located in visual and auditory cortex respectively therefore, once LTM are established, they can readily be recalled by associating with similar events in later life

ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವ

ಎಸ್.ಎಸ್. ವೈದ್ಯಕೀಯ ಮಹಾವಿದ್ಯಾಲಯದ ಕನ್ನಡ ಬಳಗದ ವತಿಯಿಂದ ದಿನಾಂಕ :10-09-2016 ರಂದು ಕಾಲೇಜಿನ ಸಭಾಂಗಣದಲ್ಲಿ 60ನೇ ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವವನ್ನು ಆಚರಿಸಲಾಯಿತು. ಕಾಲೇಜಿನ ಪ್ರಾಂಶುಪಾಲರಾದ ಡಾ.ಬಿ.ಎಸ್. ಪ್ರಸಾದ್ ಅವರು ಅಧ್ಯಕ್ಷತೆ ವಹಿಸಿದ್ದರು ಮತ್ತು ಡಾ. ಈಶ್ವರಪ್ಪ ಎಂ.ಜಿ. ಶೈಕ್ಷಣಿಕ ನಿರ್ದೇಶಕರು ಬಾಪೂಜಿ ವಿದ್ಯಾಸಂಸ್ಥೆ ಇವರು ಮುಖ್ಯ ಅತಿಥಿಗಳಾಗಿ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಪಾಲ್ಗೊಂಡರು. ವಿದ್ಯಾರ್ಥಿಗಳು, ವೈದ್ಯರು, ಬೋಧಕ ಮತ್ತು ಭೋದಕೇತರ ಸಿಬ್ಬಂದಿವರ್ಗ ಕಾರ್ಯಕ್ರಮಕ್ಕೆ ಆಗಮಿಸಿದರು. ಡಾ. ಬಿ.ಎಸ್.ಪ್ರಸಾದ್, ಡಾ. ಈಶ್ವರಪ್ಪ ಮತ್ತು ಕನ್ನಡ ಬಳಗದ ಅಧ್ಯಕ್ಷರಾದ ಡಾ.ಎಸ್.ಬಿ. ಗೆಜ್ಜೆ ಮತ್ತು ವೇದಿಕೆ ಮೇಲಿದ್ದ ಇತರ ಗಣ್ಯರು ಜ್ಯೋತಿ ಬೆಳಗುವುದರೊಂದಿಗೆ ಸಮಾರಂಭಕ್ಕೆ ಚಾಲನೆ ನೀಡಿದರು. ಡಾ. ಈಶ್ವರಪ್ಪನವರು ಸಭೆಯನ್ನುದ್ದೇಶಿಸಿ ಅತಿಥಿ ಭಾಷಣ ಮಾಡಿದರು. ಅವರು ಕನ್ನಡ ಮತ್ತು ಕರ್ನಾಟಕದ ಐತಿಹಾಸಿಕ ಪರಿಚಯ ಮಾಡಿಕೊಟ್ಟರಲ್ಲದೇ ಕನ್ನಡ ಉಳಿವಿಗಾಗಿ ಕನ್ನಡಿಗರ ಕರ್ತವ್ಯಗಳೇನು ಎಂಬುದನ್ನು ತಿಳಿ ಹೇಳಿದರು. ಪ್ರಾಂಶುಪಾಲರಾದ ಡಾ. ಬಿ.ಎಸ್.ಪ್ರಸಾದ್ ಅವರು ಮಾತನಾಡಿ ಕನ್ನಡ ಸಂಸ್ಕೃತಿ ಉಳಿವಿನ ಬಗ್ಗೆ ಕಾಳಜಿ ವ್ಯಕ್ತಪಡಿಸಿದರು. ಕನ್ನಡ ಬಳಗದ ಅಧ್ಯಕ್ಷರಾದ ಡಾ.ಎಸ್.ಬಿ. ಗೆಜ್ಜೆ ಅವರು ಮಾತನಾಡಿ ಕನ್ನಡ ಬಳಗದ ಕಾರ್ಯಕ್ರಮಗಳಿಗೆ ಶ್ರೀ ಶಾಮನೂರು ಶಿವಶಂಕರಪ್ಪನವರ ಮತ್ತು ಶ್ರೀ ಎಸ್.ಎಸ್. ಮಲ್ಲಿಕಾರ್ಜುನ್ ಅವರ ಮತ್ತು ಡಾ. ಬಿ.ಎಸ್. ಪ್ರಸಾದ್ ಅವರ ಪ್ರೋತ್ಸಾಹಕ್ಕೆ ಕೃತಜ್ಞತೆ ವ್ಯಕ್ತಪಡಿಸಿದರು. ಮತ್ತು ಕನ್ನಡದ ಬಗ್ಗೆ ಅಭಿಮಾನ ಬೆಳೆಸಿಕೊಳ್ಳುವಂತೆ ಸಭಿಕರಿಗೆ ಕರೆ ನೀಡಿದರು. ಡಾ|| ವಿರೇಶ್ ಅವರು ಸಭಿಕರಿಗೆ ಅತಿಥಿಗಳ ಪರಿಚಯಮಾಡಿಕೊಟ್ಟರು. ಈ ಸಂದರ್ಭದಲ್ಲಿ ವಿದ್ಯಾರ್ಥಿ ಸಂಘದ ಅಧ್ಯಕ್ಷರಾದ ಡಾ.ಲತಾ.ಜಿ.ಎಸ್. ಮತ್ತು ಕನ್ನಡ ಬಳಗದ ಉಪಾಧ್ಯಕ್ಷರಾದ ಡಾ. ಹನುಮಂತಪ್ಪ ಬಿ.ಎನ್.ಮತ್ತು ವಿದ್ಯಾರ್ಥಿಕಾರ್ಯದರ್ಶಿಗಳಾದ ನಿತಿನ್ ಎನ್, ಪ್ರತಿಭನಾಗ್ ಮತ್ತು ಪೂಜಾ ಆರ್ ನಾಯಕ್ ವೇದಿಕೆ ಮೇಲೆ ಉಪಸ್ಥಿತರಿದ್ದರು. ವಿವಿಧ ಸ್ಪರ್ಧೆಗಳಲ್ಲಿ ವಿಜೇತರಾದ ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಪ್ರಶಸ್ತಿ ವಿತರಿಸಲಾಯಿತು. ವಿದ್ಯಾರ್ಥಿಗಳು ನಡೆಸಿಕೊಟ್ಟ ಸಾಂಸ್ಕೃತಿಕ ಕಾರ್ಯಕ್ರಮಗಳು ಸಭಿಕರ ಮನರಂಜಿಸಿದವು. ಕಾರ್ಯಕ್ರಮದ ಯಶಸ್ಸಿಗೆ ಕಾರಣರಾದ ಎಲ್ಲರಿಗೂ ಡಾ|| ಬಿ.ಎಸ್. ಗೆಜ್ಜೆ ಅವರು ವಂದಿಸಿದರು.

PUBLICATIONS

Sl.No.	Author	Title	Journal
1	Dr Santosh Bhosale Dr Nagaraj.S. Mallashetty	Study of vascular foramina of humerus in central Karnataka population	International journal of Anatomy and research.vol-4 issue-03 August 2016
2	Dr Soumya B A Dr Jayasimha VL, Dr Shashikala P Dr Deshpande DV	Small group teaching learning methods: An effective strategy for teaching first year medical students	J Educational Res & Med Teach 2016;4(4): 20-22
3	ShrutiKakar, ManjunathHulmani, Jagannath Kumar V	Small group teaching learning methods: An effective strategy for teaching first year medical students	J Educational Res & Med Teach 2016;4(4): 20-22
4	ManjunathHulmani, P Alekya . Jagannath Kumar V	Indian Tick Typhus Presenting as PurpuraFulminans with Review on Rickettsial Infections	Indian Journal of Dermatology- Vol 62 Issue -1 Jan-Feb 2017

CONGRATULATIONS

Dr. Shashikala. P.

(Prof & Head of department of Pathology) appointed as Vice-President of KCIAPM- Karnataka Chapter of the Indian Association of Pathologist and Microbiologist

Dr. Kavita. G.U.

(Professor. department of Pathology) appointed as member of KCIAPM News Bulletin.

Dr. Shrikanth S,

Postgraduate in Pediatrics presented a research paper in Bangalore on 13th november 2016, and was awarded Jayaram Memorial Award for the Best Post Graduate Research Paper



Orientation day 1year MBBS



Clinical Trail :Sponsor's (Spain) Visit



Fire control workshop



Kannada Balaga



Accademic Body

