



Bapuji Educational Association (Regd.)

SSIMS TIMES



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Official Quarterly News Bulletin of SSIMS & RC , Davangere

Birthday Celebration of Sri S. S. Mallikarjuna, Chairman, SSIMS & RC



Inuaguration of Teachers Day by Dr. Shukla Shetty, Principal, JJMMC, Davangere

Birthday Celebration of Sri S. S. Mallikarjuna, Chairman, SSIMS & RC



Independence Day Celebration



Felicitation of Dr. B.S. Prasad at BLDE University, Vijayapura



Blood Donation Camp on Birthday of Sri S.S. Mallikarjun



Pediatric Workshop



Academic body activity



ORS Day at Pediatrics Dept.



Doctors Day



CME Pharmacology



Breast feeding Day at Pediatrics Dept.



BLS Workshop





Bapuji Educational Association (Regd.)
S. S. Institute of Medical Sciences & Research Center,
Davangere - 577 005



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Principal's desk



On behalf of SSIMS and RC, I would like to convey my heart felt wishes to our beloved dynamic Chairman Sri SS Mallikarjun, Cabinet Minister of Mines and Geology, Horticulture, Govt of Karnataka, MLA, Davangere(North).

On the occasion of his 56th birthday, I would like to suggest all the Heads of Dept. to encourage the faculty & students to carry out more research activities & take part in Academic & extra- curricular events with great enthusiasm and spirit throughout the year. I hereby take this opportunity to wish all the newly admitted UG medicos & PGs of all Departments a bright & successful year ahead.

I would like to suggest Teaching & Non-teaching faculty & UGs & PGs to become members of Bapuji Health card to avail the services of SS Hospital and SS Narayana Hrudayala Hospital, Bapuji Child Health Institute & Vishwaradhya Cancer Hospital at a concessional rate.

Dr. B.S Prasad

Editor's desk



This quarterly issue of SSIMS TIMES pertains to the academic activities of various departments & Co-curricular activities of SSIMSRC.

On behalf of the editorial team, I wish a Happy Birthday to our beloved Chairman Sri S.S. Mallikarjun, Cabinet Minister of Mines, Geology & Horticulture, Govt. of Karnataka, MLA Davangere (North), I congratulate all the newly admitted UG medicos and PGs of all Departments of 2023 batch of SSIMSRC & wishing a bright future ahead.

I thank the staff who have contributed articles for publication. This issue is a glimpse of happenings of the campus & achievements of the various departments of SSIMS & RC.

Dr. Mallikarjuna C.R.

Contents	Page No.
Principal & Editorial desk.....	2
Departmental activities.....	3 to 10
Publications	11
Research Articles / Case Report	12
Kannada Articles	13
S.S. Care Trust Activities	13 to 16



Departmental Activities

Department of Anatomy

Dr.Raghavendra A.Y and Dr. Santosh Bhosale attended the 23rd KCACON Anatomy workshop and conference organized by Kasturba Medical college, Manipal, MAHE from 13th to 15th September 2023 and presented scientific research paper in Anatomy and secured **Best oral scientific paper presentation awards** in respective sessions, Both professors also chaired the scientific sessions during conference.



Dr. Nagaraj Mallashetty, Associate professor, Department of anatomy successfully completed the authors training and support programme conducted by IP Innovative publication on August 5th 2023.

Dr. Veeresh Itagi Associate Professor attended & addressed the public regarding **“Awareness of Body donation”** on account of Doctors day on 1st July 2023 at Rotary club, Davangere mid-town Davangere.



Department of Physiology

1. Dr. Soumya. B. A. Associate Professor, Member – Curriculum Committee has attended the Curriculum Implementation Support Program III conducted by NMC Nodal centre for faculty development. J. N Medical College, Belagavi, Karnataka on 11th and 12th July 2023.

2. Dr. Jayasudha. K, Prof & Head & Dr. Deepa H. S. Assistant Professor participated in webinar “Mind body Medicine” on 31st July 2023 conducted by Department of Physiology, Prakash Institute of Medical Sciences & Research Urun - Islampur & Maharashtra University of Health Sciences, Nashik India

Department of Pathology

08.08.2023: A voluntary blood donation camp was organised at Indian Co-operative Credit Society, Dixit road, Davangere on the occasion of their 25th Anniversary. Dr Shashikala P, Professor & Head; Dr Balaji T. G, Associate Professor, Dept of Pathology along with post graduates, Interns, Technicians and staff nurse conducted the camp. About 16 units of blood were collected.

09.08.2023: Dr Neetha Y, Associate Professor, Blood bank officer attended a programme at C G Hospital regarding awareness, of spread & prevention of Hepatitis B & C as per the Government order to conduct National Hepatitis control program at every district on the occasion of world Hepatitis day. Dr Gangadhar, DTO & Dr Girish, DMO were present & also ZP, CEO was felicitated on the occasion.

26/08/2023:

Students from Sophrosyne concept school, Davangere visited pathology museum as a part of practical Education to the students about the Medical Science procedure & its facility. Doctors participated on the occasion were Dr Deepti Pruthvi, Dr Rajashree K, Dr Sreevidyalatha, Dr Disha B S and Dr Pruthvi D.

31.08.2023: Dr Shashikala P, Professor & Head along with Dr Kavita G U, Professor, Department of pathology attended a meeting held at child Health Institute. The meeting was regarding blood donation awareness campaign to be done for Pre-University & degree college students of various Institutes under Bapuji Educational Institutions in Davangere jointly by SS Blood Bank & Bapuji Blood Bank.

12.09.2023: “ **Pratigna Blood donation awareness Program-Dream project of Dr Prabha Mallikurjan.**” Blood donation awareness programme was organised at



MSB college of Arts & commerce, Davangere. Dr Shashikala P, Prof & Head & Dr Kavita G U attended the programme & spoke on various aspects of blood donation & created awareness among the students. Interactive session was also conducted to clarify various misconceptions regarding blood donation as a part of health awareness program "Pratigna" which is directed towards creating awareness on Blood donation among youth & students of Davangere & BEA colleges. Under the leadership of S S care life Trustee Smt Dr Prabha Mallikarjun 700 students attended the session which was held at AVK college auditorium from 11:30 am to 1:15pm. Role play, Questions & answers session & interactive lectures were the Teaching learning methods used.

14.09.2023: Eve of 56th Birthday of our Chairman Sri S S Mallikarjun, Minister of Karnataka State.

A voluntary blood donation camp was organised by M.S. Blege of Arts & Commerce, Davangere on the eve of 56th Birthday of Sri S S Mallikarjun. Dr Prabha Mallikarjun, Trustee SS Care trust was the chief guest. She inaugurated the camp & interacted with all the students motivated them & guided them to be the best citizen by practicing & including human values along with knowledge gained in their studies. M G Eshwarappa, Director, Education, BEA, Dr B. S. Prasad, Principal, SSIMS & RC, Dr Arun Kumar Ajjappa, Medical Director, S.S hospital, Dr Shashikala P, Prof & Head, Department of pathology, SSIMS & RC were the chief guests. Dr Neelambika G C, principal, MSB college presided over. Staff of S.S Blood Bank, Mr. Prabhakar, (Technician) Smt. Shaila (staff Nurse) Mr. Siddappa (attender), Dr Anuradha, Dr Akankasha (PG students), Dr. Siddarth, Dr Rajath, Dr. Rajini, Dr Ramya Reddy (Interns) conducted the camp along with Dr Shashikala P & Dr Kavita G U.

15.09.2023: A voluntary blood donation camp was organised at Belludi at Sri Patil Gurubasappa High School as a part of Health Camp on the Eve of "Guru Samarpane" A total of 12 units of blood were collected. Dr Rajashree K, Associate Professor, Department of Pathology attended the programme along with Postgraduates.

21.09.2023: A voluntary blood donation camp was conducted on the occasion of 56th Birthday of Sri S S Mallikarjun at Shreya Hospital Premises, Harihara. Dr Parbha Mallikarjun, Trustee, S.S. care trust inaugurated the blood donation camp & interacted with donors & public gathering. Dr Sreevidyalatha G. M, Dr Sathyashree K. V Assistant Professors, Department of Pathology, Postgraduates, Interns, Blood bank, Technicians and staff nurse conducted the camp.

A Total of 46 units were collected.

Department of Community Medicine

1. Dr. Asha B, Associate Professor, Department of Community Medicine judged a poster competition conducted by Department of Pediatrics, SSIMSRC, Davangere for nursing students of SSINS, Davangere on the occasion of World ORS day on 28.7.23.



1. World Breastfeeding Week 2023

a. On account of "World Breastfeeding Week 2023", a health education session was conducted at Urban Health Centre, Bashanagar on 1st August 2023.

Dr. Sindhu. P, Assistant Professor, Department of Community Medicine, gave a talk on practices and importance of breastfeeding. Dr. Vinay, Assistant Professor, Department of Pediatrics, gave a talk on newborn care and complimentary feeding practices. Dr. Sheela P Haveri, Professor, Department of Community Medicine, Dr. Kavya, Medical Officer & Dr. Rekha, AYUSH Medical Officer, Urban Health centre, Bashanagar were the chief guests of the programme.



Mr. Ashok Kumar, Medico Social Worker, assisted in arranging the programme. Interns posted in the Department of Community Medicine attended the programme.

Antenatal women, postnatal women, family members of breastfeeding women attended the function. Well baby contest was held by the Department of Community Medicine and Baby named Zyeda Hasba Fatima was given the prize.



b. Health education was conducted for nursing students of SSINS, Davangere on 1st August 2023. Around 200 students attended the event. Dr. Asha B, Associate Professor, Dept. of Community Medicine, SSIMSRC, Davanagere briefed about this year's theme - Enabling Breastfeeding: Making a difference for working parents.

c. On the occasion of “World Breastfeeding Week (WBW) 2023”, an e-poster competition was held from 25th to 31st July 2023 and on 2nd August 2023. Miss. Rida Masood, a MBBS Phase II student was handed over the 1st prize by Dr. Aswinkumar, Professor and Head, Dr Sheela. P. Haveri, Professor, Dr. Asha. B, Associate Professor and Dr. Sindhu. P, Assistant Professor, Department of Community Medicine.



d. On account of “World Breastfeeding Week 2023”, a health education session was conducted at Primary Health Centre, Arasapura on 3rd August 2023.

Dr. Sheela P Haveri, Professor, Department of Community Medicine, gave a talk on practices and importance of breastfeeding. Dr. Veeresh Babu, Professor, Department of Pediatrics, gave a talk on newborn care and complimentary feeding practices. Dr. Rudreshi, Medical Officer, Primary Health Centre, Arasapura addressed the audience. Dr. Rakesh. J, Assistant Mrs. Jyothi Patil, Anganwadi Supervisor attended the programme. Mr. Nagaraj. T. G, Medico Social Worker, assisted in arranging the programme. Interns posted in the Department of Community Medicine did a Roleplay in the programme.

Antenatal women, postnatal women, family members of breastfeeding women attended the function. Well baby contest was held by the Department of Community Medicine and Baby named Karan B Naik was given the prize.



e. On the occasion of “World Breastfeeding Week (WBW) 2023”, a health education session was conducted in Davanagere University, Tolahunse, Davanagere on 4th of August 2023. Theme of WBW 2023 was “Enabling Breastfeeding: Making a difference for working parents”.

The Programme was presided by Prof. B. D. Kumbara, Vice Chancellor, Davanagere University and the Chief Guests were Smt. Saroja. B. B, Registrar, Dr. Shivashankar. K, Registrar of Exams and Prof. Shashidhar. R, Finance Officer, Davanagere



University. Dr. Lokesh. M. U, Associate Professor and Chairman, Department of Social work,

Dr. Suchitra. S, Professor and Head, Department of Women Development Cell, Dr. Shivalingappa. B.P, Associate Professor, Department of Social work, Sri. Pradeep. B. S, Assistant Professor, Department of Social work, Dr. Patavardhan Rathod, Assistant Professor, Department of Social work and Dr. Tippesh. K, Assistant Professor, Department of Social work attended the programme.

Dr. Sheela. P. Haveri, Professor, Dr. Asha. B, Associate Professor and Dr. Sindhu. P, Assistant Professor, Department of Community Medicine were the speakers in the programme. Mr. Ashok Kumar, Medico Social Worker, assisted in arranging the programme. Around 200 students and staff from various departments of the university attended the programme.

3. Dr Vidya V Patil, Assistant Professor, participated as delegate in the 33rd Annual Conference of Karnataka Association of Community Health 2023 on 11th & 12th August 2023 at KIMS, Bangalore.

4. Dr Vidya V Patil, Assistant Professor, delivered expert guest lecture on “Scientific Foundations of Health” for first year BE students of Bapuji Institute of Engineering & Technology, Davangere which was held on 18-08-23.

5. Dr. Asha B, Associate Professor, Department of Community Medicine delivered a talk on 'Assessment of Child Nutrition' in a CME on 'Child Nutrition' organized by Department of community Medicine, JJMMC, Davangere on 26.9.23.

6. Dr Asha B, Associate Professor; Dr. Vidya Patil, Dr. Ranganath and Muhammed Muntazeem, Assistant Professors attended and presented oral papers in 3rd IAPSM – state conference held at Shri B. M. Patil Medical College, Vijayapura on 15th and 16th Sep 2023.

Dr Asha B, Associate Professor and Dr. Vidya Patil, Assistant Professor received Best Paper award in their respective sessions in 3rd IAPSM – state conference held at Shri B. M. Patil Medical College, Vijayapura on 15th and 16th Sep 2023.

Dr. Asha B, Associate Professor, Department of Community Medicine chaired a scientific oral paper presentation session in 3rd IAPSM – State Conference at Shri. B.M.Patil Medical College, Vijayapura on 15.9.23.

Department of Paediatrics

Dr. N. K. Kallappanavar

1. Participated as faculty during IAPNRC “Advanced Asthma Course”. The personal contact session of the course will be held in Bhubhaneshwar on 26th & 27th August 2023. The Topics are “Panel on Asthma” was modulated. IOS/FOT instruction was done.

2. Participated as course core instructor during “Asthma training module” held at Tumkur on 6th August 2023.

3. Participated as faculty during FLIAP programme held at Guntur. Delivered talk on 9th to 10th Sept 2023. Topics: a) Upper airway obstruction. b) Spirometry. c) Role of IOS in clinical practice.

4. Participated as faculty during advanced bronchoscopy workshop at Gurgaon on 23rd Sept 2023. Delivered talk on “BAL in Children” and conducted Asthma panel as moderator on 24th Sept 2023. CME of IAP Gurgaon Fortis Hospital.

Dr. B S Prasad

1. Attended BLDE University, Bijapur, Teachers Day Programme as chief guest and spoke on present obligations of teachers in the advanced teaching modalities on 5th Sept 2023.

World ORS Day Celebration

We celebrated the World ORS Day Celebration at hospital premises, Pediatric OPD and Paediatric wards SSIMS & RC, Davangere. On 28th July 2023.

Inaugural function headed by Dr. Arun Kumar Ajjappa, Dr. N. K. Kalappanavar, Dr. B. S. Prasad, Dr. Latha G.S, Dr. Kalleth Hebbal, and Nursing Faculties other senior and junior faculties, post graduates, Parents, Guardian, Nursing Students were gathered and grace the occasion. In view of this celebration, we organized a two sessions by post graduates & Nursing Students, one in ward for the parents, guardians and others, & another session in OPD for the parents UG, PG, Interns, nursing and undergraduates.



We had a poster presentation by Nursing Students, awareness on diarrhea and approach to diarrhea by post graduates & Nursing Students, to the parents.

Post graduates & Nursing Students conducted the different types of ORS and Explain the methods of preparation of ORS demonstration conducted in wards and OPD.

Totally around 50 plus parents and guardian were gathered to attend the function.

HAEMATOLOGY WORK SHOP

We Conducted the HAEMATOLOGY WORK SHOP at S. S. Hospital lecture hall on 13th Aug 2023 Organised by IAP-DDB, Dept of Pediatrics SSIMS &RC, BCHIRC, JJMMC, DVG and PAEDIATRIC HAEMOTO-ONCOLOGY CHAPTER.

In the Chair, Dr. N. K. Kalappanavar, Dr. B. S. Prasad, Dr. Kallesh Hebbal, and IAP Office Bearers Dr. Gouli Chandrashekar, Dr. Veeresh Babu D V, Dr. Bhavya S O. and other senior and junior faculties, post graduates from both JJMMC and SSIMS&RC were gathered and grace the occasion. Anchoring by Dr. Ramya. Post Graduate, SSIMS & RC, Davangere.

We had wonderful interactive session taken lead by Dr. Abhilasha from Belgaum, Dr. Palash Das from Bhuvaneshwar, Dr. Tarangini from Mysore, and Dr. Ravi joshi from Bangalore.

Department of Dermatology & Venerology

1. Workshop on “Fillers in dermatology”

J.J.M. Medical college and S.S. Institute of Medical Sciences & Research Centre both in association conducted a workshop on “Fillers in dermatology” on 6th August 2023 at JJMMC with Dr. Madhu M as the speaker for the entire workshop and Dr. Rashmi Manjunath (Bangalore) as the other expert to give live demonstration on the same.

Around 80 participants from all over karnataka attended the workshop where Dr. Madhu explained on Skin ageing, Anatomy of face with importance to danger areas and Dermal fillers and live demonstration was done by Dr. Rashmi Manjunath ,

The program was inaugurated by Dr.Muguresh S B Principal, JJMMC, Dr.Suga Reddy, Professor & HOD,JJMMC, Dr.Manjunath Hulmani, Professor & HOD, SSIMS, Dr.Rashmi Manjunath, Dr. Madhu M, Assistant professor , SSIMS, Dr.Ravindra Professor , JJMMC & Dr.Rashmi, Assistant professor, JJMMC, by lightening the lamp.

Delegates were actively involved in the discussion & enjoyed the feast of knowledge.



1. Webinar: IADVL Karnataka program “Yatharth”

To keep knowledge up to date among practicing dermatologists, about various dermatological conditions, IADVL Karnataka as been conducting a program called “Yatharth”. It is a program where there is discussion between expert panelists and the moderator regarding common questions that arise while practicing regarding a particular topic and recent advances in managing that condition.

On 28th September Yatharth program was successfully conducted on Non-scarring alopecias with Dr Manjunath Hulmani (from SSIMS&RC), Dr B S Chandrashekar (from Cutis bangalore) and Dr Pradeep kumari (from Pune) as panelists and Dr Madhu M (from SSIMS&RC) as moderator, with more than 220 practitioners participating in the webinar.

There was very informative and useful discussion on how to approach and manage cases like androgenetic alopecia, female pattern hair loss, telogen effluem, alopecia areata and trichotillomania and updates about the recent advances in managing those conditions.



Badminton Tournament (RGUHS state level)

Dr. Madhu M had participated and won IMA Davangere badminton tournament & had participated in IMA Karnataka state level badminton tournament held on 11th & 12th Aug-2023 in Father Muller's Mangalore.

Attended Camps :

- Date : 26-8-2023, Doctors : Dr. Sheela A G, Senior resident, Dr. Thirth Kumar, PG
Place : Rampura, Davangere
- Date : 15-9-2023, Doctors : Dr. Madhu M, Assistant professor, Dr. Abhishek, PG
Place : Belludi, Govt. School
- Date : 20-9-2023, Doctors : Dr. Madhu M, Assistant professor, Dr. Abhishek, PG
Place : Sirigere
- Date : 23-9-2023, Doctors : Dr. Madhu M, Assistant professor, Dr. Divya, PG
Place : Kammavari Samudaya Bhavana, Davangere
- Date : 25-9-2023, Doctors : Dr. Munaza Kulsum, Assistant professor, Dr. Thirth Kumar, PG
Place : Maganahalli Govt. School, Davangere
- Date : 26-9-2023, Doctors : Dr. Sheela Senior Resident, Dr. Akhila P A, PG
Place : Ayshman Bhava Abhiyan Health Camp, Keribilachi.

Department of Psychiatry

Dr. Mruthyunjaya N, Professor and Dr Asha H N, Clinical Psychologist addressed the freshers of Bapuji polytechnic college regarding “Adolescent mental health and hygiene” on July 13th 2023.

Dr Mruthyunjaya N delivered a talk on substance abuse in Bapuji engineering college on August 18th, 2023.

Dr Mruthyunjaya N, and Dr Manal Shaikh attended the state level psychiatry conference- KANCIPS 2023, on

theme: “Consultation Liaison psychiatry” held in Bagalkot on 11th, 12th of August.

Our postgraduates, Dr Kavya presented a paper titled, “Association between disordered eating behavior and social media usage in young adults”, Dr Shibani presented a paper titled, “A cross sectional analytical study of correlation between emotional intelligence and perceived stress among students of MBA college in central karnataka”, and Dr Lakshmi NG presented e-poster titled, “A curious case of Karma” in state level psychiatric conference KANCIPS 2023, Bagalkot.



Department of Pulmonary Medicine

1) Dr. Anup Bannur has been Promoted as professor with effect from 01/08/2023

2) Dr. Priyadarshini S Raykar assistant professor in the department of pulmonary Medicine has passed “Fellowship in allergy asthma procedures” Examination conducted on 3rd September 2023 affiliated by Bharateeya vidyapeeta university of Pune.

Department of Emergency Medicine

Department of Emergency Medicine organized AHA certified ACLS and BLS workshop from 10th to 12th of July 2023 at SSIMS and RC. Dr Jyothi Reddy and Dr Deepthi N attended the same and Dr Aravind P K was instructor for the same.

Dr Aravind P K and Dr Deepthi N attended Workshop on Nerve Block organized by EM Karnataka on 21 st of September 2023 in JSS Medical college , Mysore.



Dr Aravind P K presented paper on Dilemma in unknown bites- a case of scorpion sting with multiple cerebral infarcts and poster on a case of methemoglobinemia secondary to nitrobenzene poisoning. Dr Aravind P K also presented CPC at EM Karnataka held from 21st sep to 24th sep 2023 at Vydehi medical college, Bangalore. Dr Deepthi N presented poster on a case of acute aortic thrombosis in young and importance of pocus in diagnosing the same at EM Karnataka held from 21st Sep to 24th Sep 2023 at Vydehi medical college, Bangalore.

Sl no	Name/age/sex	Description
1	Pushpa 56 year old female	A case of multiple tablet consumption (metformin 55 mg + vildagliptin 50mg - 30 tablets and telmisartan 80 mg +amlodipine 5 mg 30- tablets) on arrival bp- 160/82, pr-96, rr- 20, spo2- 98%, gcs - e4v5m6. Patient was managed conservatively in female emergency wards, early aggressive management with high dose insulin therapy and glucagon was given, patient improved thermodynamically and become symptomatically better and was discharged.

Department of Radiology

1. Dr. Shyam. S Associate Professor department of radiology SSIMS & RC & Dr. Powdhan. H. Assistant Professor department of orthopedices. JJMMC were runner's up in RGUHS single zone doubles tennis tournament 4th and 5th october 2023.



SS Institute of Nursing Science

1. Nutrition Programme: A Nutrition programme was organized at Multipurpose Hall, S.S. Institute of Nursing Sciences by 1st year GNM students under the continuous support, Co-Operation and guidance of our Principal, Mr. Veerasha.V.B. Mr. Praveen Kumar S V, lecturer, Dept. of Medical surgical Nursing., Mr. Naveen Kumar P.R. Dept. of child health Nursing., for 3 days from 13.09.2023 to 15.09.2023.

Nursing students prepared menu and exhibited very colorfully in food cart (stall) with the concept of nutritional education regarding Beverages, Light Diet and Low cost high nutritious diet.

Students explained menu preparation, nutritive value and its importance in the maintenance of health lifestyle. At the end of the programme Principal, Mr. Veerasha.V.B., and few other teachers addressed the students about not only learning and exhibiting the menu at college level but students are like a channel to make the nutritional awareness even at community level. Hence forth when they gets the opportunity they must implement the nutritional awareness among the public either at hospital or community.



Teachers' Day Celebration :

Our college SSINS celebrated the Teachers' Day on 5th of September with great enthusiasm. The whole program was organised by the students of 2nd B.Sc., nursing and all batches of GNM. The teachers and students gathered in the multipurpose hall in order to celebrate the Teachers' Day. The hall was beautifully decorated with flowers, banners, and festoons. A warm welcome at the entrance with flowers, gifts, and cards was a pleasant surprise for all the teachers.



The program started at 3 p.m. with a prayer song. The Principal of the college Mr. Veeresh V B presided over the function. The Principal congratulated the teachers and acknowledged the sincere efforts they put in every day. He gave a valuable speech on Dr.Radhakrishnan and explained the importance of Teachers' Day. Some students also expressed their gratitude towards the teachers by giving short speeches. Students performed cultural activities like songs, poems etc. on this special occasion. The students also arranged some fun games for the teachers to entertain them. All the teachers enjoyed and appreciated the program. Finally, sweets were distributed and the event came to an end around 5 p.m.



Medical Education Unit

10.07.2023 & 11.07.2023: Dr Kavita G.U, Professor, Dept of Pathology & Dr Soumya B.A, Associate Professor, Dept of Physiology attended CISP–III conducted by Nodal Centre, JNMC Belgaum.

04.08.2023 to 06.08.2023: Dr Veena M , Associate Professor, Dept of Microbiology attended the second contact session for ACME held at Nodal Centre, JNMC Belgaum.

23.08.2023: MEU members along with curriculum committee members, Head of various departments & co-ordination of MEU. Dr Shashikala P attended the online meeting & interactive session conducted by President, Dr Arun Vanikar & members UGMEB(Undergraduate Medical education Board) discuss the new guidelines & regulations of UG board.

Congratulations



Dr. Asha B,

Associate Professor, Department of Community Medicine
is elected as Joint Secretary in Karnataka Association of Preventive and
Social Medicine (A state chapter of Indian Association of Preventive and Social Medicine).
All staffs and Head, Department of Community Medicine extend our heartfelt congratulations
to Dr. Asha B on her new responsibility in the association.



Publications

Sl. no	Department	Authors	Title	Citation
1.	Anatomy	Dr. Nagaraj Mallashetty Dr. VeereshItagi	Can long standing affects arches of foot: A Cross sectional study between bus conductors and bank employees	Panacea Journal of medical Sciences 2023;13(2): 480-485
2.	Community Medicine	Funde PN, Adheep BA, Amith A, Sindhu P. (Aug 2023).	Pulmonary Function abnormalities in Pulmonary Tuberculosis patients who have successfully completed treatment in the past.	International Journal of Life Sciences, Biotechnology and Pharma Research, 12(3), 1103-1107.
3.	Community Medicine	Funde PN, Amith A Sindhu P ADheep B A (Aug 2023)	Correlates of Pulmonary dysfunction among cured Pulmonary Tuberculosis patients	International Journal of Life Sciences, Biotechnology and Pharma Research, 12(3), 1108-1102.
4.	Dermatology	Dr. Mohan Kumar Dr.Manjunath Hulmani	Ichthyosis prematurity syndrome : A rare case report	GJRA-Global Journal for research analysis, Vol 12, issue-8, August 2023, print issn no 2277-8160
5.	Dermatology	Dr. MunazaKulsum, Dr. Manjunath Hulmani	Clinical efficacy of oral isotretinoin in moderate and severe acne vulgaris and its adverse effects –original article	International journal of scientific research, vol-12, Issue-08, August 2023/ ISSN No 2277-8179, DOI:10.36106ijsr.
6.	Ophthalmology	Dr Shantala Arun kumar Dr. Renuka Barki , Dr. Deepak kumar Dodamani Dr. Navya Kiran , Dr. Ajay S. Hatti , Dr. Shamshoddin. Ghudusab , Dr. Mamatha Vinay	Clinical study of rhino-orbital-cerebral mucormycosis in COVID-19 patients in a regional institute in South India	Ophthalmol J 2023; Vol. 8, 72–80 Copyright © 2023 Via Medica, ISSN 2450–7873, e-ISSN: 2450–9930
7.	Ophthalmology	Dr. Mahadevan Gayathri; Dr.Ajay S Hatti.; Dr.Shashikala, P. Dr. Shantala Arun Kumar, Dr Renuka Barki	Conjunctival impression cytology and its varying patterns in controlled and uncontrolled diabetic patients	Journal of Clinical Ophthalmology and Research Journal of Clinical Ophthalmology & Research. 11:p 140–145, Sep–Dec 2023. doi: 10.4103/jcor. jcor_147_21
8.	Pulmonary medicine	Dr. Anup Banur	Evaluation of point of care ultrasound (POCUS) as a Diagnostic tool for the diagnosis of pneumonia in Emergency Department	Internal Journal of health sciences and research; volume 13, issue -8, August- 2023.
9.	Radio Diagnosis	Dr. Shyam S.	Right upper lobe agenesis associated with dextroposition of heart and ectopic kidney in an adult patient attending pulmonary medicine outpatient department: a rare case report from India.	The journal of association of chest physicians: volume ii : issue 2 , august 2023 2023; 11:108-11

**Title: Unlocking Confidence: The Power of Follicular Unit Extraction (FUE)**

Dr. MunazaKulsum, Assistant Professor & Dr. Manjunath Hulmani ,Professor & HOD, Dr. Shreyas Kololgi, PG

Introduction:

In today's world, hair restoration has undergone a revolution, thanks to cutting-edge techniques like Follicular Unit Extraction (FUE). Hair loss is a common concern, affecting people's self-esteem. Fortunately, FUE has emerged as a game-changing solution. In this article, we'll explore how FUE is reshaping the world of hair transplant surgery.

Understanding Hair Loss:

Hair loss can stem from various causes – genetics, hormones, stress, and medical conditions. Regardless of the trigger, losing hair can be a distressing experience, prompting many to seek solutions.

The FUE Technique:

At the heart of this transformation is the innovative Follicular Unit Extraction (FUE) technique. FUE is a minimally invasive procedure that has gained immense popularity. Unlike traditional methods, FUE eliminates the need for a linear scalp incision. Instead, individual follicular units are extracted directly from the donor area using tiny punches, typically ranging from 0.8 to 1.0 mm in size.

This approach offers several advantages. First and foremost, it leaves no linear scars, making it an excellent choice for those who prefer shorter hairstyles. Additionally, the recovery time is significantly reduced, with many patients able to resume their daily activities within a few days.

Suitability for Hair Transplantation: Hair transplantation is a viable solution for a range of hair disorders. Understanding which conditions are suitable for transplantation is essential. Here's a summary of different types of alopecia and their suitability for hair transplantation

The FUE Technique: At the heart of this transformation is the innovative Follicular Unit Extraction (FUE) technique. FUE is a minimally invasive procedure that has gained immense popularity. Unlike traditional methods, FUE eliminates the need for a linear scalp incision. Instead, individual follicular units are extracted directly from the donor area using tiny punches, typically ranging from 0.8 to 1.0 mm in size.

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Suitability for Hair Transplantation: Hair transplantation is a viable solution for a range of hair disorders. Understanding which conditions are suitable for transplantation is essential. Here's a summary of different types of alopecia and their suitability for hair transplantation.

Suitable for Hair Transplantation: Male androgenetic alopecia, Female pattern hair loss, Secondary scarring alopecias (post-trauma, burns, post- radiotherapy, and post surgery), Temporal triangular alopecia, Advancement of frontal hairline in congenital high hairlines and traction alopecia, Eyebrow hair loss (excessive plucking, trauma, and post surgery), Eyelashes, beard, and pubic hair loss.

Not Suitable for Hair Transplantation:

Primary scarring alopecias (lichen planopilaris, frontal fibrosing alopecia, folliculitis decalvans, and discoid lupus), Alopecia areata, Vitiligo & Wounds (chronic).

Candidate Selection Criteria: The decision tree outlines the criteria for selecting ideal candidates for hair transplantation.

Encourage Medical Therapy: Before considering surgery, all patients should be encouraged to undergo medical therapy for maximum long-term density.

Stable Hair Loss with Desire for Greater Density: If medical therapy proves unsuccessful and the patient's hair loss is stable but they desire greater hair density, a hair transplant may be considered.

Patient Satisfaction with Stable Hair Loss: If the patient is happy with their current situation and the hair loss is stable, it is advisable to continue medical therapy and defer hair transplantation.

Kannada Articles by Dept. of Ophthalmology

“ರಾಷ್ಟ್ರೀಯ ನೇತ್ರದಾನ ಪಾಕ್ಷಿಕ ದಿನಾಚರಣೆ”

ವಿಷಯ: ಕಾರ್ನಿಯಾ ಕುರುಡುತನಕ್ಕೆ ನೇತ್ರದಾನವೇ ಮದ್ದು.

ಕುರುಡುತನವೇ ಜಗತ್ತನ್ನು ವ್ಯಾಪಕವಾಗಿ ಆವರಿಸಿಕೊಳ್ಳುತ್ತಿದ್ದು, ನಮ್ಮ ಭಾರತದೇಶದಲ್ಲಿಯೇ ಸುಮಾರು 15 ಮಿಲಿಯನ್ ಅಂದರಿದ್ದಾರೆ. ಅವರುಗಳಲ್ಲಿ ಸುಮಾರು ಒಂದು ಮಿಲಿಯನ್ ಅಂಧರು ಕಾರ್ನಿಯಾದ ಕುರುಡುತನದಿಂದ ಬಳಲುತ್ತಿದ್ದಾರೆ”. ಎಂದು ಎಸ್.ಎಸ್. ವೈದ್ಯಕೀಯ ಹಾಗೂ ಸಂಶೋಧನಾ ಕೇಂದ್ರದ ನೇತ್ರ ಚಿಕಿತ್ಸಾ ವೈದ್ಯ ಡಾ. ಶಾಂತಲಾ ಅರುಣ್ ಕುಮಾರ್‌ರವರು ಕಳವಳ ವ್ಯಕ್ತಪಡಿಸಿದರು ಎಂದು ಎಸ್.ಎಸ್. ವೈದ್ಯಕೀಯ ಆಸ್ಪತ್ರೆಯಲ್ಲಿ ಆಯೋಜಿಸಲಾಗಿದ್ದ “ ರಾಷ್ಟ್ರೀಯ ನೇತ್ರದಾನ ಪಾಕ್ಷಿಕ ದಿನಾಚರಣೆ”ಯ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಮಾತನಾಡುತ್ತಿದ್ದರು.

ಕಣ್ಣಿಗೆ ಆಗುವ ಪೆಟ್ಟು ಕಾರಣಾಂತರಗಳಿಂದ ಕಣ್ಣಿನಲ್ಲಿ ಆಗುವ ನಂಜು ಮತ್ತು ಹುಟ್ಟುಕುರುಡುತನ ಕಾರ್ನಿಯಾ ತೊಂದರೆಗೆ ಕಾರಣ. ನೇತ್ರದಾನಿಗಳ ಮೂಲಕ ಪಡೆದ ಕಣ್ಣಿನ ಪಾರದರ್ಶಕ ಕಾರ್ನಿಯಾದ ಅಂಗಾಂಶವನ್ನು ಅಂಧರೋಗಿಗಳದೋಷಯುಕ್ತ ಕಾರ್ನಿಯಾದ ಜಾಗದಲ್ಲಿ “ಕೆರೆಟೋಪಾಸಿಸ್” ಶಸ್ತ್ರಚಿಕಿತ್ಸೆಯ ಮೂಲಕ ಅಂಧರಿಗೆ ಅಳವಡಿಸಿ ದೃಷ್ಟಿಯನ್ನು ನೀಡಬಹುದು” ಎಂದು ಹೇಳಿದರು.

ಡಾ. ಇ.ಎಸ್. ಮುತ್ತಯ್ಯನವರು 1945ರಲ್ಲಿ ಚೆನ್ನೈನಲ್ಲಿ ಮೊಟ್ಟಮೊದಲ ನೇತ್ರ ಭಂಡಾರವನ್ನು ಸ್ಥಾಪಿಸಿದರು. 1948ರಲ್ಲಿ ಮೊದಲ ಕಾರ್ನಿಯಾ ಶಸ್ತ್ರಚಿಕಿತ್ಸೆಯನ್ನು ಅವರು ಯಶಸ್ವಿಯಾಗಿ ನಡೆಸಿದ ನಂದರ ಭಾರದಲ್ಲಿ ನೇತ್ರದಾನ ಚಳುವಳಿಯೇ ಆರಂಭವಾಯಿತು. ಕಾರ್ನಿಯಾ ಕುರುಡುತನವನ್ನು ಹೋಗಲಾಡಿಸಲು ನೇತ್ರದಾನಗಳಿಂದ ಮರಣಾನಂತರ ಆರೋಗ್ಯವಂತ ಕಣ್ಣುಗಳನ್ನು ಪಡೆಯುವುದು ಅತ್ಯವಶ್ಯಕವಾಗಿದ್ದು, ಈ ಕುರಿತು ಜಾಗೃತಿ ಮೂಡಿಸಲು ಭಾರತದಲ್ಲಿ ಪ್ರತಿವರ್ಷ ಆಗಸ್ಟ್ 25 ರಿಂದ ಸೆಪ್ಟೆಂಬರ್ ವರೆಗೆ ‘ರಾಷ್ಟ್ರೀಯನೇತ್ರದಾನ ಪಾಕ್ಷಿಕ ಕಾರ್ಯಕ್ರಮ’ವನ್ನು ಹಮ್ಮಿಕೊಳ್ಳಲಾಗುತ್ತಿದೆ.

ಈ ಮೂಲಕ ನೇತ್ರದಾನ ಕುರಿತು ಜನಸಾಮಾನ್ಯರಲ್ಲಿ ಜಾಗೃತಿ ಹಾಗೂ ಪ್ರೇರಣೆಯನ್ನು ಮೂಡಿಸಿ ಕಾರ್ನಿಯಾ ಕುರುಡುತನವನ್ನು ಹೋಗಲಾಡಿಸುವ ಮಹತ್ವದ ಹೆಜ್ಜೆಯನ್ನು ಇರಿಸಲಾಗುತ್ತಿದೆ. ಎಂದು ತಿಳಿಸಿದರು. ವೈದ್ಯಕೀಯ ನಿರ್ದೇಶ ಡಾ. ಅರುಣ್‌ಕುಮಾರ್‌ರವರು ನೇತ್ರದಾನ ಹಾಗೂ ದೃಷ್ಟಿಯ ಮಹತ್ವ ಕುರಿತು ಮಾತನಾಡಿದರು.

ಪ್ರಾಂಶುಪಾಲರಾದ ಡಾ. ಬಿ.ಎಸ್. ಪ್ರಸಾದ್, ನೇತ್ರಚಿಕಿತ್ಸಾ ವಿಭಾಗದ ಡಾ. ಅಜಯ್‌ಕುಮಾರ್, ನರರೋಗ ಚಿಕಿತ್ಸಾವಿಭಾಗದ ಮುಖ್ಯಸ್ಥ ಡಾ. ಸತ್ಯನಾರಾಯಣ, ಸ್ತ್ರೀರೋಗ ತಜ್ಞೆ ಡಾ. ಗಾಯತ್ರಿಪಾಟೀಲರವರು ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಉಪಸ್ಥಿತರಿದ್ದರು. ನೇತ್ರ ತಜ್ಞೆ ಡಾ. ಪ್ರೀತಿ ಸುರಪುರ ಕಾರ್ಯಕ್ರಮ ನಿರೂಪಿಸಿದರು.

S S Care Trust Ongoing Activities

1. Screening of diabetes and hypertension is been done at BN Tanda and Chikkabudihal for people aged >30 years. Of 545 individuals screened, 12(2%) and 33(6%) were newly diagnosed as diabetes and hypertension, respectively.
2. Department of Community Medicine in association with SS Care Trust conducted focus group discussion on diet survey for parents of anaemic children at various anganwadis of PHC, Arasapura in the month of July and August 2023.
3. Department of Community Medicine in association with SS Care Trust observed health days at different places belonging to PHC, Arasapura.

S. No	Date	Health Day	Number of Participants
1	28/07/2023	World Hepatitis Day	50
2	03/08/2023	World Breast Feeding Week	52
3	29/08/2023	National Eye Donation Fortnight	25
4	04/09/2023	National Nutritional Week	22



S S Care Trust Activities

1. A Medical Health Camp along with Cancer screening was conducted in Government Higher Primary School, Rampura, Davanagere on 26th August 2023. Camp was organized by SSIMS & RC, Davanagere under the aegis of SS CARE TRUST®.

Target population were General Population. Total beneficiaries in the programme were 200. Total of 5 ECGs were done. A total of 151 patients were screened for Diabetes, 169 for hypertension and 1 for Ca. Cervix respectively. A total of 14 were referred to SSIMS & RC for further investigations and treatment.

Dr. Vinay Kumar S A, Assistant Professor, Dept. of Paediatrics, Dr. Rajeshwari G, Assistant Professor, Dept. of OBG, Dr. Hoysala Kumar D, Assistant Professor, Dept. of General Medicine, Dr. Bhramaramba B, Assistant Professor, Dept. of Ophthalmology, Dr. Sheela A G, Senior Resident, Dept. of Dermatology attended the camp.

Camp was supervised by Dr. Sheela P Haveri, Professor, Dr. Vidya V Patil, Assistant Professor, Dr. Ranganatha S C, Assistant Professor and assisted by Mr. Ashok Kumar M S, MSW, Dept. of Community Medicine.

2. A Cancer awareness programme was conducted in Anganwadi 'B' of KTJ Nagara, Davanagere on 6th September 2023 along with the inauguration of National Nutrition Week celebration 2023. The programme was organized by SSIMS & RC, Davanagere under the aegis of SS CARE TRUST®. Total beneficiaries in the programme were 29 women from general population and 18 Anganwadi staff.

Dr. Sindhu. P, Assistant Professor, Dept. of Community Medicine conducted this session.

3. A Cancer awareness programme was conducted in Anganwadi 'A' of KTJ Nagara, Davanagere on 13th September 2023. The programme was organized by SSIMS & RC, Davanagere under the aegis of SS CARE TRUST®. Total beneficiaries in the programme were 27 women from general population and 12 Anganwadi staff.

Dr. Sheela. P. Haveri, Professor, Dept. of Community Medicine conducted this session.

4. A Medical Health Camp along with Cancer screening and Blood Donation was conducted in Sri Patel Gurubasappa High School, Belludi, Harihara, Davanagere on 15th September 2023. Camp was organized by SSIMS & RC, Davanagere under the aegis of SS CARE TRUST®.

Target population were General Population. Total beneficiaries in the programme were 308. Total of 11 ECGs were done. A total of 245 patients were screened for Diabetes and hypertension respectively. 82 people were checked for Bone Mineral Density.

5. A Cancer awareness programme was conducted in Anganwadi 'C' of KTJ Nagara, Davanagere on 20th September 2023. The programme was organized by SSIMS & RC, Davanagere under the aegis of SS CARE TRUST®. Total beneficiaries in the programme were 37 women from general population and 8 Anganwadi staff.

Dr. Asha. B, Associate Professor, Dept. of Community Medicine conducted this session.

6. A Medical Health Camp was conducted in Sirigere Mutt CBSE School campus, Chitradurga on 20th September 2023. Camp was organized by SSIMS & RC, Davanagere under the aegis of SS CARE TRUST®. Target population were General Population. Total beneficiaries in the programme were 231. Total of 2 ECGs were done. A total of 75 patients were screened for Diabetes and Hypertension respectively.

Dr. Malavika P S, Assistant Professor, Dept. of Paediatrics, Dr. Anitha S, Assistant Professor, Dept. of OBG, Dr. Prakash G, Assistant Professor, Dept. of General Medicine, Dr. Madhu M, Assistant Professor, Dept. of Dermatology, Dr. Vijay Kumar H, Senior Resident, Dept. of General Surgery, Dr. Shashidhar H, Associate Professor, Dept. of Orthopaedics and Dr. Keerthi K, Assistant Professor, Dept. of ENT attended the camp.

Camp was supervised by Dr. Sheela P Haveri, Professor and Dr. Vijay S, Assistant Professor, and assisted by Mr. Ashok Kumar M S, MSW, Dept. of Community Medicine.

7. A Medical Health Camp was conducted in Kammavari Samudaya Bhavana, Davanagere on 23rd September 2023. Camp was organized by SSIMS & RC, Davanagere under the aegis of SS CARE TRUST ®.

Target population were Photographers Association members of Davanagere district. Total beneficiaries in the programme were 230. Total of 25 ECGs were done. A total of 176 and 230 people were screened for Diabetes and Hypertension respectively.

Dr. Bhramaramba B, Assistant Professor, Dept. of Ophthalmology, Dr. Karthik M, Senior Resident, Dept. of General Medicine, Dr. Madhu M, Assistant Professor, Dept. of Dermatology, Dr. Rudramuni K, Senior Resident, Dept. of General Surgery, Dr. Venkata Ramana Rao, Professor, Dept. of Orthopaedics and Dr. Keerthi Kumar K C, Senior Resident, Dept. of ENT attended the camp.

Camp was supervised by Dr. Aswin Kumar, Professor and Head and Dr. Rakesh J, Assistant Professor, and assisted by Mr. Ashok Kumar M S, MSW, Dept. of Community Medicine.

8. A Medical Health Camp was conducted in Anjaneya Temple, Hale Kadalebalu, Davanagere on 25th September 2023. Camp was organized by SSIMS & RC, Davanagere under the aegis of SS CARE TRUST ®.

Target population were General Population under Arasapura PHC. Total beneficiaries in the programme were 119. A total of 40 and 56 people were screened for Diabetes and Hypertension respectively.

Dr. Preethi, Assistant Professor, Dept. of Ophthalmology, Dr. Munaza Kulsum, Assistant Professor, Dept. of Dermatology, Dr. Supriya, Senior Resident, Dept. of General Medicine, Dr. Sachin C U, Senior Resident, Dept. of Paediatrics and Dr. Sameer, Senior Resident, Dept. of Orthopaedics attended the camp.

Camp was supervised by Dr. Ranganatha S C, Assistant Professor and assisted by Mr. Nagaraj T G, MSW, Dept. of Community Medicine.

9. A Cancer awareness programme was conducted in Anganwadi 'D' of KTJ Nagara, Davanagere on 27th September 2023. The programme was organized by SSIMS & RC, Davanagere under the aegis of SS CARE TRUST ®. Total beneficiaries in the programme were 30 women from general population and 6 Anganwadi staff.

Dr. Vidya. B, Assistant Professor, Dept. of Community Medicine conducted this session.





Photo Gallery



Celebration of Sri Ganesha Chaturthi Festival



Teachers Day Cultural Activities



Rangoli Competition at Pharmacology



Fire safety training



Nutrition Day at SSINS



BLS training for Nurses



Photo Gallery



RGUHS Sports at SSIMS & RC



RGUHS Sports at SSIMS & RC



Indoor Sports Activities of College Day 2023

